

# Tone Development:

## Creating your voice on the flute

Body: Connect, Open and Relax (soften muscle tension) allowing natural movement for your body. If there is tension practice some movement and breathing to free yourself.

Breathing: Same as above, plus attention and awareness of your breath: its movement, power and flow. If it is feeling tight be curious and explore some of the many breathing ideas you have been given or create some of your own.

Tone development: To create your unique beautiful sound that is consistent and expressive in all registers.

- 1/2 steps: De La Sonorite, Beautiful Notes, Tone & Tuner etc...Chromatic half steps entire range of your instrument to become intimate with, to know, feel, resonate with every note.
- Intervals: Rainbow (octave +1/2 step), De La Sonorite expanding intervals, Interval Intimacy, Galway Exercises,...any of our many famous flute tone exercises.
- Melodies: 24 petite studies, Development through Interpretation - Moyse, my packet of Bach and Mozart slow movements, any beautiful melody you are working on or improvising...

What really matters is HOW & WHY you are making tone, sound, the music come to life; not what study.

Please include the following and remember the "5 SECOND or longer rule...."

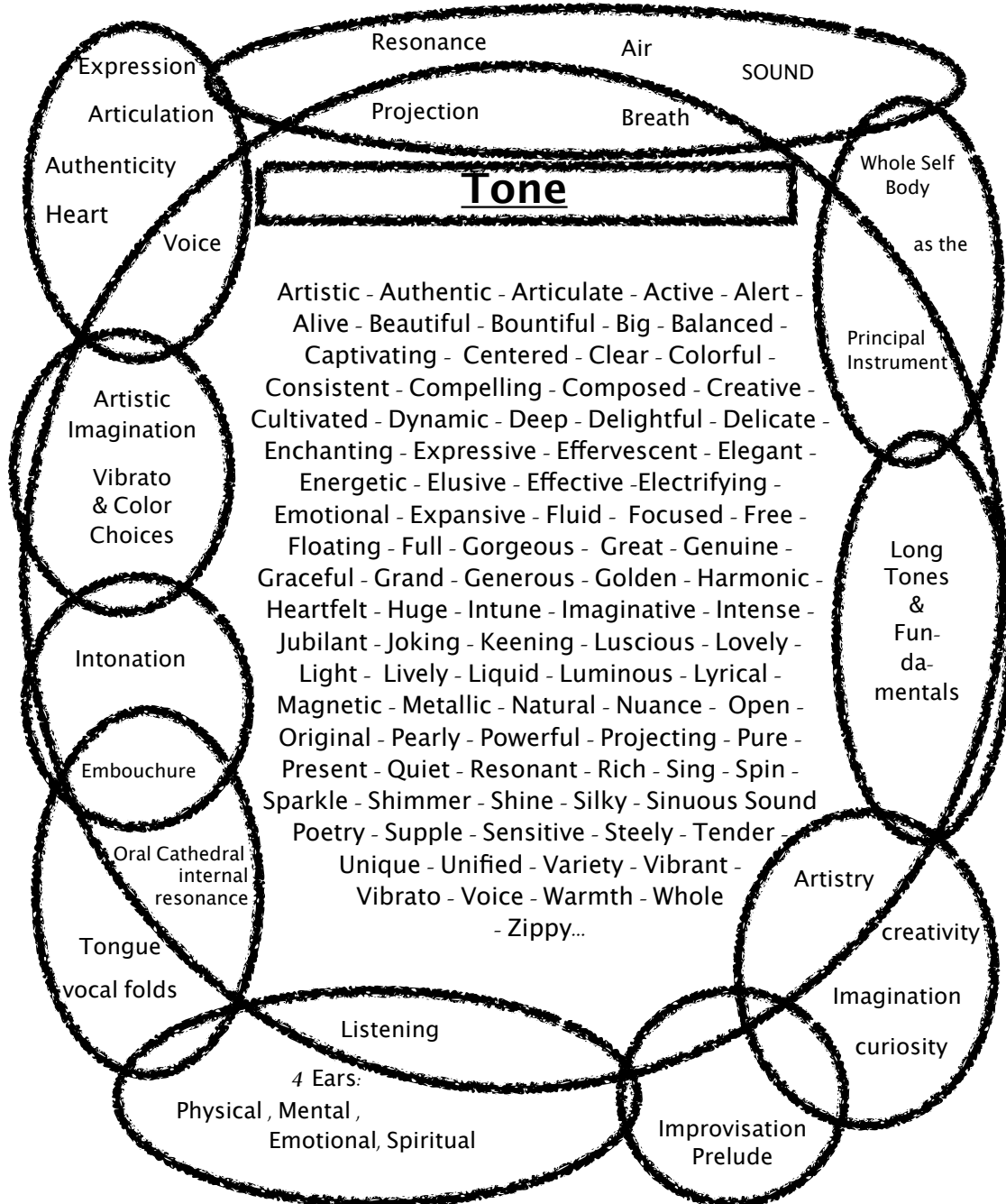
- Your love, passion, play : for creating sound and finding your expressive unique voice on the flute.
- Listening: "4 Ears", Physical, Mental, Emotional and Spiritual... & listening to great artists.
- Starting and Ending: Every note and phrase has a BEGINNING -MIDDLE- ENDING. "Tune Tapers"
- Harmonics and Ha Ha's: to refine and develop listening to full spectrum of sound possibility and engage the power of breath and connect to diaphragm muscle considering this first helps to the embouchure center the tone as the ear and air are first priority.
- Vibrato & Vowels: connection to vibrato via- "ha ha" varying speed & amplitude, deep breath pulse to feel air and wave movement. Use vowels, ahh, oh ,ooo, e, to color and shape sound.
- Whistle Tones, Flutter Tongue, Sing and Play: Add these somewhere in your daily practice to encourage a subtle sensation in your air and embouchure, to free the tongue and air, to become sensitive to your vocal chords/folds/throat as you play.
- Awareness & Articulation: of Tongue, Jaw, Oral Cathedral, Soften muscles of Throat-Neck-Shoulder, Expand Resonating Ribs, Allow for movement through the length and width of your body.  
Articulation: use different styles of articulations: legato, staccato, accented, lifted... and vary them as you practice. Also practice your single double, triple tonguing in specific rhythms too.
- Feel and be moved: by what you are playing... How does your body want to move?
- Mirror, Tuner, Metronome, Record/Video Self: Ears first! Check in and use these truth telling tools.

"The world is full of magic things, patiently waiting for our senses to grow sharper."

— W.B. Yeats

# Tone Development: Creating your voice on the flute

## Creative Practice Circles



©2015 Creative Circles Jennifer Keeney