

Beautiful Notes

Jennifer Keeney

"Beauty emerges when the artist is absolutely faithful to the uniqueness of her own voice..." ~ O'Donohue

1. Use your **whole body** as a **resonating** instrument.
2. How you **listen** creates beauty.
3. Every note, every sound has a **shape** with a **beginning, middle** and an **ending**.
4. Use your **Tone to do's** to vary how you practice and beautify your tone.

Breathe in tempo

tempo ♩ = 60 or slower

Flute

mf *p* *f* *p* *mf* *p*

How **beautiful, luscious, rich, flowing, colorful, dynamic, supple, sensitive, pure, authentic...** is each note?

How **consistently** beautiful is each note at the **beginning, middle** and **end** ?

p *mf* *mf*

Is your **breathing** a part of the beauty you are creating?

Sing, spin, sparkle, shimmer, shine.

Are you using your **vibrato** in an **expressive** way?

p *f* *p*

Are you trying some **vowel shapes** to beautifully color your tone?

How are your **dynamics** creating beauty, **shape** and **line**?

mf *p*

How is your **intonation** creating beauty?

What is **beautiful** to you?

Also, use **Harmonic** Fingerings for top register. See T & T Exercise

f *p*

How is your **body**? Is your neck **free** (alexander directions) and your whole body **balanced** and **resonating**?

Beauty above, beauty below, beauty all around...

©2011 Creative Practice Ideas